

Macroarea di Medicina

Dipartimento di Biomedicina e Prevenzione Dottorato di Ricerca in Scienze Infermieristiche e Sanità

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XXXVI CICLO - Anno Accademico 2022/2023

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Titolo tesi: Embracing Digital and Technological Solutions in nursing: towards a comprehensive

framework

ABSTRACT

BACKGROUND: The COVID-19 pandemic emphasized the critical role of public health and social

services, which requires sustainable solutions in an era of growing digital technologies. The

healthcare sector witnessed the emergence of digital health (eHealth) technologies that

transformed patient care and healthcare systems. However, nurses, traditionally known for

compassionate patient care, are now required to have digital and technological competencies. This

doctoral research project aims to address the gaps in knowledge regarding the adoption of Digital

and Technological Solutions (DTS) in nursing, focusing on self-efficacy as a crucial factor.

METHODS: This project utilized a structured approach, including scoping reviews and scale

development, guided by the Digital and Technological Framework (Digitech-F). The project involved

a systematic examination of the literature, development, and validation of the Digitech-S scale to

measure DTS-related self-efficacy among nurses and nursing students.

RESULTS: The scoping review revealed that nurses' digital competence is essential for successful DTS

adoption. Nurse attitudes, training quality, usability, and clinical utility of technology, and workplace

experiences significantly influence their adoption of technology. However, there are gaps in the

measurement of technology utilization and ethical considerations in nursing. The Digitech-S scale, a

10-item self-report instrument, was developed and validated, providing a valuable tool for assessing

self-efficacy in performing technologically mediated tasks.

CONCLUSIONS: This doctoral project contributes to the field of nursing by introducing the Digital

and Technological Framework (Digitech-F) and the Digitech-S scale. The framework encapsulates the

multifaceted elements critical for DTS adoption, while the scale measures DTS-related self-efficacy.

Future research should focus on cross-cultural validation, predictive and discriminant validity,

interprofessional contexts, addressing external biases, comprehensive framework testing,



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international validation, and longitudinal trajectories to advance our understanding of the role of technology in nursing. This research aligns with the evolving digital healthcare landscape, emphasizing the central role of technology in improving patient care and advancing nursing practice and public health.

KEYWORDS: Attitudes; Behaviors; Competencies; Digital and Technological Solutions; Nursing; Nursing Informatics; Medical Informatics; Scoping review; Self-efficacy; Education; Reliability; Students; Validity